Simplifying the pressure care decision

Simple and effective protection for patients at all levels of risk.

Rely on Repose

www.reposedirect.com
The conclusions of the RCT demonstrated equal efficacy against the Nimbus System in the prevention of pressure ulcers within a cohort of very high risk, frail, elderly patients, and highlighted considerable cost savings (more than 50%)\(^1\)

"Use of Repose demonstrated savings of £34,603 over dynamic systems, with prevalence dropping from 11% to 4%. And in a Repose heel protector study, incidence fell from 17% to 0%\(^2\)

"A multi-centre RCT concluded that Repose was more effective than dynamic overlay systems in the treatment of pressure ulcers\(^3\)

"Between 2001 and 2006, the use of dynamic systems reduced, and the use of Repose increased dramatically – the consequent spend on PAC devices fell from £300,000 to £62,000\(^4\)

"Statistically significant improvements in sleep duration, reduction in sleep disruption, self-reported pain and use of analgesia were reported over a 4 week period\(^5\)

"A visco-elastic foam mattress with a static air overlay (Repose) provided better prevention than a visco-elastic foam mattress alone (5.2% vs 22.2%)\(^6\)

"A significant improvement in the skin condition of the heels and comfort (p<0.0001) with a high level of both staff and patient satisfaction\(^7\)

"A silent and unobtrusive system located at home allows the patient to sleep with their partner and provides major positive benefits to the patient’s quality of life\(^8\)

"(Repose) Facilitates quicker discharge from hospital of patients at continued risk of pressure damage\(^9\)

"By introducing the static air mattress (Repose) instead of the much more expensive alternating mattresses the costs were reduced by more than 70%\(^10\)

"Using the (Repose) heel protector led to a significant reduction in the incidence of heel pressure ulceration from over 6% to 0%. A significant reduction in cost (70%) was also identified\(^11\)

"Staff found the Repose Footprotectors simple to use and easy to wash and store. The patients found them comfortable to wear, and they successfully prevented pressure ulcer damage during this evaluation period\(^12\)

"The study demonstrated this range of pressure area care devices (Repose) were durable and represented value for money. The maximum period in use was 6 years, with an average of 4 patient cycles per product lifespan\(^13\)

"The Repose Footprotector drastically reduces the interface pressure under the heel without putting other areas of the lower leg at risk\(^14\)

"Pressure peaks - The best results at the sacrum level are obtained with the static air mattress (Repose). The water device comes second best, and the memory foam stands third\(^15\)

The substantial body of clinical evidence collected over many years demonstrates both the efficacy of the products and the savings that have been generated for healthcare organisations.
Repose – Simple, effective and durable...

Repose unique single air cell design and multidirectional stretch material compensates for pressure points by increasing the support across a maximum patient skin surface area.

**Reactive Pressure Redistribution**

```
Reactive pressure redistribution

Patient pressure downwards

Reactive pressure redistribution

Reactive airflow compensates with patient movement
```

**Simple and effective**

- Patient is supported on a single cell cushion of air
- Pressure redistribution is achieved by immersion - maximising the contact surface area and redistributing pressure without compromising surrounding tissue
- Soft and smooth patient support surface minimises friction, reducing shear forces and consequential tissue damage
- Highly conformable and minimises deformation of underlying tissue

**Key Benefits**

- Clinically effective\(^1,2,3,7,11\)
- Cost effective\(^1,2,4,10\)
- Easy to clean and disinfect\(^12\)
- Durable and reusable\(^13\)
- Average lifespan >20 months\(^13\)
- Easy set-up and storage
- Silent and unobtrusive\(^8\)
- No electrical requirement
- Maintenance-free
- No undulating movement
- Comfortable\(^5,12\)
- Small and easy to carry

**Durable**

Average life span equivalent to more expensive dynamic systems. A large community equipment loan store reported Repose mattress average life cycle to be in excess of 20 months.\(^13\)
Risk factors for the development of pressure ulcers could include:

- age or immobility
- moisture or incontinence
- unrelieved pressure, friction or sheer
- malnutrition and dehydration
- diseases and disorders that lessen mental awareness, e.g., dementia
- diseases and disorders that may impair blood flow or the sensation of discomfort, e.g., diabetes
- medications, particularly sedatives

A full patient risk assessment should always be performed, e.g., Waterlow, Norton, Braden, etc.

**Things to look for..**

Warning signs of pressure ulcers over bony areas:

- persistent erythema
- non-blanching hyperaemia
- blisters
- discolouration
- localised heat or coolness
- localised oedema or induration

---

**Repose protects patients at all levels of risk, simplifying the pressure care decision.**

<table>
<thead>
<tr>
<th>Low Risk</th>
<th>Medium Risk</th>
<th>High Risk</th>
<th>Very High Risk</th>
</tr>
</thead>
</table>
... and **treatment** of ulcers at Grade 1 & 2 *

**Stages of pressure sores**
Clinical supervision is advised where damage is severe.

### Grade 1
- **Non-blanching erythema** that may appear red or violet.
- **Suitable for** Repose
- [Image: Non-blanching erythema]
- Pt 78 yrs, bedridden 20-24 hrs/24 hrs, modified Braden 14/30 Sacrum, Category 1 Pressure Ulcer Initial (a) & After 8 wks (b): no erythema

### Grade 2
- Skin breakdown as far as the dermis.
- **Suitable for** Repose
- [Image: Skin breakdown as far as the dermis]
- Pt 73 yrs, bedridden <15 hrs/24 hrs, modified Braden 16/30 Sacrum, Category 2 Pressure Ulcer Initial (c) & After 8 wks (d)

### Grade 3
- Skin breakdown into the subcutaneous tissue.
- **Consider** Repose or powered PAC system
- [Image: Skin breakdown into the subcutaneous tissue]
- Pt 96 yrs, bedridden <15 hrs/24 hrs, modified Braden 13/30 Heel, Category 3 Pressure Ulcer Initial (g) & After 8 wks (h): wound healing well

### Grade 4
- Penetrates as far as bone, muscle, or joint.
- **Suitable for** powered PAC system
- [Image: Penetrates as far as bone, muscle, or joint]

---

**Pressure care decision**

- Grade 1
- Grade 2
- Grade 3
- Grade 4

*By off-loading the pressure from the heels, Repose Footprotector and Repose Wedge can also be used for patients with existing pressure ulcers at Grades 1, 2, 3, & 4
References

2. Shared experiences of two Scottish Hospitals in the evaluation and resultant implementation of Repose mattresses and heel protectors as part of their hospital protocol in the prevention of pressure ulcers. A. MacFarlane, S. Sayer. Presented at the 7th EPUAP Open Meeting. 2003
11. Reduced heel pressure damage when using the Repose Foot Protector. Evans J. British Journal of Community Nursing. 2009
13. Pressure Relief for Heels, an effective innovation. Melhuish J et al.

Frontier Medical Group
Newbridge Road Industrial Estate
Blackwood, South Wales NP12 2YN
Tel: +44(0)1495 235800
Fax: +44(0)1495 235808
Email: info@frontiermedical.eu

www.frontiermedical.eu