



## Repose<sup>®</sup> Prone Kit Installation advice



Repose<sup>®</sup> is a reactive air pressure redistribution solution clinically proven to effectively prevent and treat pressure damage by providing high levels of immersion and envelopment. The Repose<sup>®</sup> Prone Kit includes a Repose Prone Mattress Overlay to protect the face and thorax without hyperextending the neck, and a large Repose Wedge to protect legs and knees when lying in the prone position.

Studies suggest that when patients are treated prone, that it may be associated with a higher frequency of pressure ulcers when compared to being treated supine (Girard, et al., 2014).

Prone ventilation is a common strategy for the treatment of Acute Respiratory Distress Syndrome (ARDS) but can present new challenges when managing bony prominences such as head, face, chin, elbow, chest, knees, toes and also reproductive organs.

The Repose Prone Kit is also suitable for use with patients who are not receiving automatic ventilation, but where nursing in a prone position is preferred.

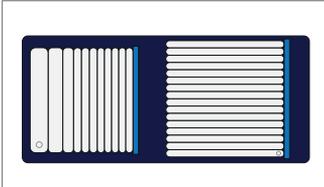
# Installation advice



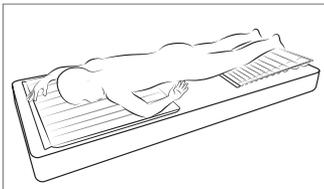
Full user instructions can be found in the Repose User Guide or scan this QR code.



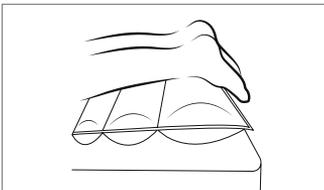
1



2



3



Ensure the Prone Mattress Overlay is positioned at the head end of the bed, the valve positioned top right, facing down (Image 1).

The Wedge should be positioned at the foot end of the bed, the valve positioned bottom right, facing down (Image 1).

For effective pressure relief, position the Prone Mattress Overlay under the patient's face and chest, turning the head to the side, ensuring the airway and other medical devices are not hindered (Image 2).

Position the Wedge under the patient's legs with the largest air cell under the ankles. Ideally, feet and toes should be 'floating' and free from the surface of the mattress. The knees should be resting on the air cells (Image 3).

Repose does not remove the requirement for regular repositioning. For a full list of contraindications, warnings and precautions, please refer to the Repose User Guide.

## References

Girard, R. et al., 2014. The Impact of Patient Positioning on Pressure Ulcers in Patients with Severe ARDS: Results from a Multicentre Controlled Trial on Prone Positioning. *Intensive Care Medicine*, 40(3), pp. 397 - 403.

# repose<sup>®</sup>

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